

leger

Welcome to Leger

Now you've had your consultation,
here's what to expect next -
from prescriptions and blood tests
to ongoing support.

Ready to get going?

What's next on the list?



Sign your consent form

We'll send this to you for signing — we need it before we can sort your prescription.



Join the Leger membership

Log in to your My Leger account and complete your membership sign-up to unlock full support and benefits.



Pay for your prescription

The pharmacy will email you a payment link. Once that's sorted, your medication and supplies will be sent out by special delivery.



Start treatment

Follow the guidance provided with your medication. If you've got questions or need a hand, we're here.



Leger membership - what you get

Straight-talking support from a team that knows their stuff.

When you join Leger, you're not just getting a prescription — you're joining a service built for people on testosterone treatment.

As a Leger member, you get:

- Access to a specialist team in testosterone treatment.
- Review and commentary on your blood test results.
- Prescription issuance and renewal.
- Expert answers to your enquiries.
- Discounted, hassle-free blood testing through Medichecks
- Travel letters for carrying medication abroad.
- Writing to your GP if requested

How to take your treatment

Whether it's gels, injections, or something else, we'll give you clear guidance that fits your treatment.

I opted for injections. What's my injection method?

Self-injected subcutaneously (SC)

Gonasi (HCG)

Zivafert

Self-injected intramuscularly (IM)

Sustanon

Can be taken either way (SC or IM)

Enanthate

Cypionate

Need a hand?

[Watch our step-by-step self-injection videos.](#) We'll show you exactly what to do.



Blood testing and keeping an eye on things

Monitoring is part of the job. It keeps you safe and your treatment on track.

If you don't keep up with your blood tests, we can't issue your prescriptions.

You'll need blood tests:

- 4-6 weeks after starting treatment (6 week monitoring blood test £52)
- 3 months after starting treatment (Complete TRT blood test (£79 +£35 clinic visit)
- Then every six months, ongoing (Complete TRT blood test, as above)

We'll send reminders when you're due, and you'll get:

- Discounted blood tests
- No uploading faff - results come straight to us
- Clinician review with clear advice

 You'll also need to upload a blood pressure reading every three months to your My Leger account.

[!\[\]\(0b5e7e25e8775f7e7e80906ada4f0021_img.jpg\) Read our blood testing guide for details.](#)

Repeat prescriptions and supplies

Time to top up your treatment?

Here's what to do:

- Make sure your Leger membership's active
- Check your blood tests are up to date
- Fill in the prescription request form in your My Leger account

Order around two weeks before you run out, just to be on the safe side.

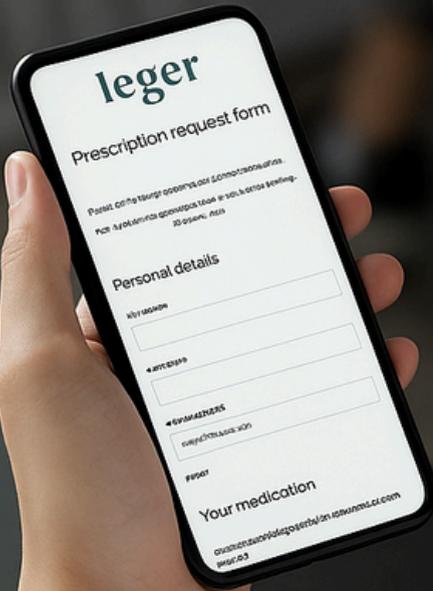
Once your prescription's sorted, the pharmacy will send you a payment link. After that, your meds and supplies will be posted by special delivery.

Ordering injection equipment

You'll need the right kit for your medication — syringes, needles, sharps bin, and alcohol swabs. It's all explained in our [injection equipment guide](#).

When you're ready to order, visit:

- Medisave
- UKMedi





Travel letters

Going abroad with your meds?

Just fill in the form in your My Leger account and we'll sort a travel letter that covers everything you need — easy as that.



Request it at least five working days before you travel



It's valid for 12 months, unless your medication changes



Richard Wayman



Dr James Greenwood



Dr Doug Savage



Charlotte Louise Gregory



Luís Manuel Marques Leite



Jessica Bennett

Got questions?

Don't sit there wondering — ask us!



Send us a message

support@legerclinic.co.uk



Visit your resource hub

We've curated a library of resources covering everything from blood test timing to changing medication and side effects:

[Visit the resource hub](#)

We're a proper team, and we'll always do our best to get back to you sharpish.

Welcome to Leger!